16th European Congress of Physical and Rehabilitation Medicine

“From Cell to Society”

Congress President
Prof. Dr. Guy Vanderstraeten

Tuesday June 3 - Friday June 6, 2008

Brugge, Belgium

Organised by the
European Society of Physical and Rehabilitation Medicine (ESPRM)
and the
Royal Belgian Society of Physical and Rehabilitation Medicine (RBSPRM)

In collaboration with the
UEMS, Physical and Rehabilitation Medicine Section and European Board
International Society of Physical and Rehabilitation Medicine (ISPRM)
Académie Européenne de Médecine de Réadaptation

www.ecprm2008.org

FIRST ANNOUNCEMENT
DEADLINE FOR ABSTRACT SUBMISSION:
NOVEMBER 30, 2007
The President’s Welcome

On behalf of the European Society of Physical and Rehabilitation Medicine we are pleased to invite you to the 16th European Congress of Physical and Rehabilitation Medicine which will take place in the wonderful city of Brugge, 3-6 June, 2008.

It will be a pleasure to welcome you to this “New Style” European Congress. The European Society of Physical and Rehabilitation Medicine (ESPRM) has decided to install an official European Scientific Committee which will be responsible for the quality of the lectures, workshops and posters. This Committee will also continue to give support to future European congresses.

In addition to the topics selected by the European Scientific Committee, other topics have been suggested by the local Scientific and Organising Committees.

Awards for best papers, abstracts and posters will be presented by the European Society of Physical and Rehabilitation Medicine and the UEMS Section of PRM and European Board.

The Organising Committee hopes that the scientific programme will encourage a dialogue among colleagues in both formal and informal settings. After the sessions, a rich choice of icebreaker activities will be your passport to social contacts and new friendships.

Together with the European Society, the European and National Scientific Committees and the Royal Belgian Society of Physical and Rehabilitation Medicine we hope to welcome many of you, knowing that there are currently 13,000 specialists of Physical and Rehabilitation Medicine working across Europe.

As the Congress is endorsed by the International Society of Physical and Rehabilitation Medicine (ISPRM) we are convinced that many colleagues from outside Europe will also attend this Congress.

Brugge lies in the heart of historical and cultural Flanders. This wonderful ‘Venice of the North’ is also renowned for its gastronomy and lifestyle and truly deserves a prolongation of your stay.

See you in Brugge and beware, you might just fall in love with it!

G.G. Vanderstraeten MD, PhD

![G.G. Vanderstraeten MD, PhD](image)
European Scientific Committee

Guy Vanderstraeten, Congress President
Christoph Gutenbrunner, Professional Practice and Clinical Sciences
Alain Delarque, Jürgen Borg, Integrative Rehabilitation Sciences
Franco Franchignoni, Biomedical Rehabilitation Sciences and Engineering
Gerold Stucki, Human Functioning Sciences
Bengt Sjölund, Biosciences in Rehabilitation Medicine

Abstract Chair

Franco Franchignoni, President

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Guy Vanderstraeten, Past-President
Zafer Hasçelik, Secretary-General
Xanthi Michail
Michael Quittan
Anthony Ward

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Jiri Votava, Czech Republic
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Tarum Matti, Estonia
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Lajos Kullmann, Hungary
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Anita Vetra, Latvia
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Mihai Berteleanu, Romania
Liviu Pop, Romania

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Hermina Damjan, Slovenia
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Enrique Varela, Spain
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Jiianan Li, Representative Active National Societies Members
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Local Organising Committee

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Martine De Muynck, Congress Secretary
Steven Rimbaud
Luc Vanden Bossche
Kristine Oostra
Thierry Parlevliet
Adelheid Steyaert
Catharine Vander Linden
Sofie Vertriest
Annick Viaene
Koen Matthys, Trans European Scientific Contest (T.E.S.C.)

Organisation

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Medicongress is also the central office of the ISPRM (www.isprm.org).
Programme at a Glance

TUESDAY, JUNE 3, 2008
09.00 - 17.00 hrs  Pre-Congress Symposium on Vocational Rehabilitation for multidisciplinary teams

09.00 - 17.00 hrs  Workshops
18.00  Official Opening
19.30  Concert
          Welcome cocktail

WEDNESDAY, JUNE 4, 2008
09.00 - 17.00 hrs  Scientific Sessions
20.00  Committee Dinners (on invitation only)

THURSDAY, JUNE 5, 2008
09.00 - 17.00 hrs  Scientific Sessions
16.00  Guided visit of the City of Brugge
19.30  Belgian Evening at the Belfry

FRIDAY, JUNE 6, 2008
09.00 - 17.00 hrs  Scientific Sessions
16.00  Awards and Closing Ceremony
17.00  Farewell Drink

The programme will be regularly updated at www.ecprm2008.org
Main Topics

• People with amputation and prosthetics
  Chair: Franco Franchignoni
• Learning and neuroplasticity
  Chair: Jürgen Borg
• Management of chronic pain
  Chair: Bengt Sjölund
• Urogenital dysfunction and sexual disability
  Chair: Martine De Muynck
• Sports in elderly and in people experiencing diseases
  Chair: Guy Vanderstraeten
• Concepts in participation and quality of life
  Chair: Gerold Stucki and Alain Delarque
• Rehabilitation from the acute hospital to community integration, including financial implications
  Chair: Alain Delarque and Christoph Gutenbrunner
• Integration of ICF in rehabilitation management
  Chair: Christoph Gutenbrunner

Other Topics

• Clinical and functional assessment in physical and rehabilitation medicine
• Therapies in physical and rehabilitation medicine
• The immobile patient: muscle and bone implications
• Adult locomotor system pathology in physical and rehabilitation medicine
• Physical and rehabilitation medicine and sport
• Physical and rehabilitation medicine in neurological impairments
• Physical and rehabilitation medicine and respiratory pathology
• Physical and rehabilitation medicine and cardiovascular pathology
• Rehabilitation management of children
• Physical and rehabilitation medicine in the management of bowel, bladder and sexual problems
• Physical and rehabilitation medicine in the elderly person
• Pain management in rehabilitation
• Rehabilitation and prevention of disability in persons with oncological problems
Workshops

- EMG basics: nerve conduction velocity and needle EMG
- Injection techniques
  - intra- and periarticular infiltrations, using ultrasonography
  - botulinum toxin injections
  - lumbar facet joint infiltration
- Ultrasonography of the musculoskeletal system
- Gait analysis and its clinical role in clinical assessment of standing and walking
- Extracorporeal shock wave therapy applications in tendinopathies
- Establishing a community based rehabilitation
- Dysphagia management
- Rehabilitation in low awareness states
- Management of people with spinal cord injury
- Management strategies in people following traumatic brain injury (TBI)
- Management of bowel, bladder and promotion of continence
- Clinical assessment of walking and standing
- Medical training therapy (MTT)
- New techniques in fibular nerve lesions
- New devices in assistive technology

Call for Abstracts

Abstracts dealing with one of the main topics/other topics listed on page 6 can be submitted. The deadline for the submission of abstracts is November 30, 2007.

Abstracts must be submitted on-line at www.ecprm2008.org, where you will also find the submission instructions.

Authors will be notified of the acceptance of their abstracts by e-mail in February 2008.
Awards

**Organising Committee**
A European jury will select the two best scientific posters.

**Awards:** 2 awards of 500 € each.

**UEMS-PRM Section**

**Criteria:** UEMS-PRM Section will give 10 awards of 500 € each to the ten best oral papers presented at the Congress by trainees or by specialists less than 5 years after their diploma.

**Participants:** PRM Trainees or Specialists less than 5 years after their diploma from any country from Europe. The specialists must be Board Certified.

**Selection:** Will be done during the Congress and winners will be notified. The jury will be composed of various European delegates.

**Awards:** 10 awards of 500 € each.

**Trans-European Scientific Contest (TESC)**
This is an initiative taken by the European Society of Physical and Rehabilitation Medicine (ESPRM) to encourage PRM residents to conduct research into this specialty and to acknowledge their work.

Each of the European countries will be represented.

**Participants:** The contest is open to PRM residents and rehabilitation specialists within two years of certification. Each country will designate one PRM resident to present an oral paper.
The paper may have several authors, but only one presenting author.

**Presentation:** The paper should be presented in English to a jury composed of ESPRM members from different European countries. The date and hour will be provided in the congress programme.

**Selection:** The jury will be composed of one representative member from each participating country and chaired by the president of the European Society of Physical and Rehabilitation Medicine. The presentations will be judged on relevance, scientific level and presentation skills.

**Award:** The winner of the contest will receive an award and there is a cash prize for the 3 best presentations (first 1000 €, second 600 € and third 400 €).

**How to proceed:** The names of the selected candidates and the title and abstract of their presentation should be sent to Dr. Koen Matthys (e-mail address: koen.matthys@ugent.be) before 31 March 2008.
General Information

The City - www.brugge.be

You will find Brugge to be an exquisitely small but very lively city.

The historic city centre is a paradise for pedestrians: cars are banned as much as possible, so you can stroll around in all tranquillity. Bicycles are popular, not only for city exploration, but also for making bigger trips in the countryside. You can take a city tour in horse-ridden coaches, or go on a boat-ride on Brugge’s famous canals - it is not by coincidence that Brugge is called ‘the Venice of the North’.

Brugge has always been at the heart of Flanders' political and cultural history, and the remains of this impressive heritage are preserved in an extraordinary manner. You can spend days in museums (Groeninge Museum, Gruuthuse museum, Memling museum, Brangwyn and Lace museum), historic buildings (Belfry, Town Hall), or quiet green areas (Beguinage, Lake of Love). All of these enchanting places are located within walking distance from the Congress Centre!

And… for the gourmands… do not forget that Brugge is also known as a culinary highlight hosting the largest number of high quality restaurants per km².

How to get there

Brugge is easily accessible by train, plane or road.

By train: 2 direct trains per hour from Brussels (50 minutes). From London and Paris, Brugge can easily be reached by Thalys & Eurostar.
www.b-rail.be

By car: Brugge is located near the E40 highway and has excellent road access from all over Europe (3 hours from Paris, 2 hours from Amsterdam, 1 hour only from the Chunnel).

By plane: Brussels airport is a major European airport and has plenty of connections. It has direct highway and train access.

Congress Centre

The venue for the Congress will be the Concertgebouw which is located on the „‘t Zand” Square in Brugge, Belgium - www.concertgebouw.be

The Concertgebouw has its proper underground car park facilities (Parking Het Zand for 1500 cars) and is located at only a 5 minutes’ walk from the railway station where another car park for about 1,500 cars is available.
Fees
Reduced fees are offered to the delegates of the European Society (ESPRM), the Belgian Society (RBSPRM), the International Society (ISPRM), to the European Board Certified Members, and to the members of the European Academy of Rehabilitation Medicine. Trainees can also benefit from reduced registration fees.

Social Activities

Welcome Reception & Concert (Tuesday 18.00 - 22.00 hrs)
The Official Opening will be followed by a jazz evening where famous local artists will perform for your pleasure and entertainment. Drinks and snacks will also be served after the show. This evening is included in the registration fee for participants (pre-registration is mandatory). Separate registration is required for partners.

Cultural Highlights of Brugge (Thursday 16.00 - 18.00 hrs)
The guided visit will start from the “ZAND” square just in front of the Congress Centre at 16.00 hrs. Guides will carry a sign indicating the language in which the guided tour will be made (approx 4-5 languages will be provided according to the participants’ origin). This tour is included in the registration fee for participants (pre-registration is mandatory). Separate registration is required for partners.

Belgian Evening (Thursday 19.30 - 23.00 hrs)
The congress organisers intend not to organise a classic Gala Dinner but to invite all congress participants to a big surprise evening called the “Belgian Evening”. The purpose is to gather informally with local drinks and food and good music. It will be a walking dinner with a lot of enjoyment and entertainment. The historic and impressive Belfry of Brugge will be the perfect setting for the “Belgian Evening”. The official carillon player of the city of Brugge will welcome us with a private aperitif concert.
Partner Programmes

Cultural highlights of the Belgian Coastline
This tour will include a visit of the Permeke museum, the Delvaux museum and the Museum for Modern Art in Oostende.

In Flanders' Fields
This museum located in the city of Ieper (Ypres) is one of the most spectacular WWI museums ever. The lively evocation of the terrors of war will leave no visitor untouched.

Excursion to the city of Gent
A one day excursion to the city of Gent will be part of the partner’s programme as well. Gent is located half an hour from Brugge and the trip will be made by train.

Hotel Accommodation

Only a few cities have the same attraction as Brugge. Brugge has a great number of tourist assets: a magnificent historic centre, many museums and remarkable monuments, a green recreation belt and hundreds of restaurants and colourful pavement cafes. As a result, Brugge is intensively visited by tourists in all seasons.

The Organising Committee has taken options on a large number of rooms, in several hotels. You will find that all of these hotels offer quality lodging including breakfast. Most hotels have car park facilities.

All hotels are within walking distance and the short walk to the Concertgebouw will give delegates a general impression of Brugge’s architectural and historic splendour.

Brugge is also very popular with youngsters and a large number of cheap youth hotels and private houses offering bed and breakfast are available.

Brugge on bicycle

Brugge is a bicycle-minded city: there are more than 50 one-way traffic streets in the heart of the city where the cyclists can cycle in both directions. Do you fancy a tour in the countryside, or through the backstreets of Brugge, or why not ‘Brugge by Night on a bike’? For further details on tours and addresses, go to: www.brugge.be/internet/en/toerisme/sightseeing
See you in Brugge in 2008 but be aware... you might fall in love with this city

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